



Responding to Youth in Distress: Up Close with Potential Resources

A Dartmouth Health program to help support communities in New Hampshire

Course Description

During our past ECHO series, a need was identified to learn more about some of the resources people had shared during the sessions. This one time web-based session will address this need in the form of a virtual Resource Fair. We will begin with short presentations from each of five different resources. This will be followed by two breakout sessions where participants can choose to join different resource representatives to ask questions or have an open discussion. Nationally and in our communities, youth are experiencing continuing increases in anxiety, depression, trauma, and suicidal ideation, to where we are now in a widely recognized youth mental health crisis. Our goal is to provide information about resources to help those in our schools and community address this crisis that is affecting schools, camps, faith communities, and all of us today.

Who Should Attend

Anyone in position to mentor youth including:

- School personnel
- Coaches
- Scout leaders
- Faith leaders
- Rec center leaders, i.e. YMCA - summer camps/programs
- Librarians

Schedule : April 30th 12-1pm EST

Welcome/Opening

Presentations (6 minutes each)

- Susan Ward, NAMI NH, Care Liaison Program under the Garrett Lee Smith Grant
- John Mirabella, School Resource Officers
- Alysse Coffey, TLC Family Resource Center
- Sue Meattay, UNH Extension, Youth Mental Health First Aid
- William Burke, Dept. of Children, Youth and Families

Breakout Sessions for questions to presenters (2@ 10 minutes each)

Closing

Questions?

Email: ECHO@hitchcock.org

Website:

<https://go.d-h.org/project-echo>

Registration Information

*REGISTRATION IS FREE

To register, visit: <https://echo.zoom.us/meeting/register/tZ0tdO6uqz8pG91xpemNJVHOxCNBfxZWRWkF>

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What is Project ECHO?

Project ECHO (Extension for Community Healthcare Outcomes) is a telementoring model. Virtual technology is used to support case-based learning and provide education. This will assist participants to care for more people, right where they live.

Benefits

- Participants learn from experts.
- Participants learn from each other.
- Experts learn from participants as best practices emerge.

Moving Knowledge, Not People

